



Dist. Darjeeling P.S. Siliguri Women Year 2025 FIR No. 42/2025 Date 21/05/2025
Sections 85/351(2) ii) Act Sections
iii) Act Sections iv) Others Acts & Sections

3. (a) Occurrence of offence : Day Since after marriage From Date To

Time Period Time From Time To

(b) Information received at P.S. Date 21/05/2025 Time 14:25 hrs

(c) General Diary Reference : Entry No (s) 1081 Time 14:25 hrs

4. Type of Information Written / Oral

5. Place of Occurrence : (a) Direction and Distance from P.S. Beat No.

(b) Address Orchid Residency Ps- Pradhan Nagar Darjeeling

(c) In case outside limit of this Police Station. then the Name of the P.S. District

6. Complainant / Informant :

(a) Name Shiwani Lama

(b) Father's / Husband's Name Mrinal Pathak

(c) Date / Year of Birth (d) Nationality

(e) Passport No. Date of Issue : Place of Issue

(f) Occupation

(g) Address Presently residing Block D, Flat B1, Orchid Residency Ps- Pradhan Nagar Dist: Darjeeling

7. Details of known / suspected / unknown accused with full particulars

(Attach separate sheet, if necessary) : Mrinal Pathak (Husband) of Tower 2B, 19E, Active acres De Deo Road, Tangra Kolkata.

8. Reasons for delay in reporting by the Complainant / Information

9. Particulars of properties stolen / involved (Attach separate sheet, if necessary) :

10. Total value of properties stolen / involved

11. Inquest Report / U.D. Case No. If any

12. FIR Contents (Attach separate sheets, if required) : The original written complain which is treated as Re is enclosed herewith

13. Action Taken : Since the above report reveals commission of offence(s) as mentioned at item No. 2. Registered the case and took up the investigation / directed LAsi Sanchita Mukhia of Siliguri Women P.S. to take up investigation / refused investigation / transferred to P.S. on point of jurisdiction. FIR read over to the Complainant / Informant, admitted to be correctly recorded and a copy given to the Complainant / informant free of cost.

Shiwani Lama

14. Signature / Thumb impression of the Complainant / Informant

15. Date & Time of despatch to the court :

21/05/25
Inspector in-Charge
SILIGURI WOMEN P.S.
Name : DIPANKAR ROY
Rank : No. SUB INSPECTOR OF Police WOMEN P.S. SPC

To,
The Inspector In charge
Siliguri Womens Police Station
Siliguri

20th May 2025

Sub: FIR against my husband for mental, physical and psychological harassment.

I, Shiwani Lama, wife of Mrinal Pathak permanent resident of Tower 2B 19 E, Active acres, DC dey road, Tangra, Kolkata, current resident of Block D, Flat B1, orchid Residency, Pradhan Nagar, Siliguri, am writing this to lodge a formal complaint against my husband for repeated instances of physical, emotional, and psychological abuse, especially in the presence of our infant daughter. We got married in the year 2022, August 7 and since then I have been subjected to mental, physical and psychological abuse. My husband has been out of job since the time I know him. He has a dual personality that has taken me on an emotional turmoil since the beginning.

After the delivery of my daughter, I came to my maternal home in Siliguri on 19th September 2024 for recovery and postpartum healing. Since then, I have been residing in North City, Sevoke Road.

On 31st October 2024, my husband came unexpectedly and took me and our baby to his permanent residence in Kolkata. The next day, during a simple disagreement where I wished to meet my sister at a mall, he forcibly objected, demanding that I not leave the house. When I questioned him about the controlling behavior, he escalated the situation aggressively, creating a scene and then prevented me from touching or comforting my two-month-old baby, causing extreme emotional distress and trauma.

When I requested to hold my child, he pushed me onto the bed and held me by the neck. I informed him that his behavior constituted physical abuse, after which he continued to shout aggressively for hours. Later, when the baby was placed on the bed, he banged the bed violently, further distressing our child.

He threatened that if I left, he would harm himself. In fear for my and my daughter's safety, I left early the next morning with the help of my mother-in-law and my sister and returned to my maternal home.

Despite the deep emotional hurt caused to me and my family, his family attempted to reconcile the matter for peace. My family was deeply affected, as I am also a daughter to loving parents. They advised me not to continue a life with someone who repeatedly shows narcissistic and abusive tendencies. However, I chose to give him another chance for the sake of our child and our relationship.

Received on 21/05/2025 at- 14:25 hrs
Wife Siliguri Women PG GDI-NO-1081 dt-
21/05/25 and registered Siliguri Women P.S.
Case no - 42/2025 dt- 21/05/2025 V/S
85/351(2) BNU and endorsed to UOI
Sanchita Mukherjee for its investigation

Shyama 21/05/25

Inspector in-Charge
SILIGURI WOMEN P. S.
SILIGURI POLICE COMMISSIONERATE

Since he showed hostility not only toward my family but also toward his own, I decided to shift to Orchid Residency, a vacant flat, hoping that a neutral space would bring peace and avoid further triggers. P.S Pradhan Nagar J. Lane.

However, on 18th May 2025, another argument occurred. This time it was about his lack of support in household chores and parenting responsibilities. After breakfast, he left our 8-month-old daughter unattended on the floor and went to sleep. I was deeply upset as I am navigating new motherhood alone—physically, emotionally, and financially.

Out of frustration, I picked up my baby and shut the door slightly hard. In response, he took the baby from me and insisted he would take care of her. When the baby started crying, I attempted to hold her but he physically pushed me away, stating I was not allowed to touch her. This emotionally shattered me.

He then began throwing household objects—including my water bottle, kicked the fridge, broke a vase, and swung a cloth which hit my body. He proceeded to push me and struck me with his right hand on my left shoulder. Fearing for my safety, I ran to the terrace to escape the situation.

Later, I returned to my room and cried for hours, overwhelmed with trauma and exhaustion. That night, I quietly took my baby back to my room.

The next morning, on 19th May 2025, my mother and sister had a medical appointment at North Bengal Medica, and they wished to visit me afterward. Upon learning this, my husband became aggressive again and demanded to take our child away to a mall, without any genuine reason.

When I calmly asked why he was doing this—especially when he had previously agreed to their visit—he stated clearly that he “does not like” my sister and would not allow her to meet our daughter. It is important to mention that my family always informs and seeks his permission before visiting, out of fear of his unpredictable and aggressive behavior.

Upon questioning his sudden change in stance, he twisted my left hand and attempted to twist my thumb, causing me pain and fear. In panic, I made a frantic phone call to my mother, requesting her to come home immediately and call the police, as the situation was escalating into violence.

When my mother arrived, he continued shouting aggressively, showing no signs of remorse or restraint. He went on to blame my mother, my father, and other family members, creating a hostile and emotionally traumatic environment for all present. My family, deeply shaken and distressed, was once again subject to emotional harassment due to his behavior.

After some time, my mother had to leave as her medical appointment was scheduled. Soon after, my husband again took our daughter in his arms and threatened to leave with her immediately, despite the earlier incident and the ongoing tension.

When I tried to stop him and take my daughter back, he became physically aggressive once more and pushed me. Alarmed and terrified by his repeated violent behavior, I ran outside and locked him inside the house to prevent him from leaving with the child and causing further harm.

In a state of panic, I also made a frantic call to the police emergency number (100) seeking immediate help for my and my daughter's safety.

Later that night, I spoke to my mother-in-law and sister-in-law regarding the ongoing situation. My mother-in-law, in an attempt to pacify the rising tension, decided to intervene and reconcile the matter once again. She flew in the next morning to help bring some peace and stability.

However, despite her presence, my husband continued with hours of verbal abuse, blame, and psychological pressure. The environment at home remained extremely toxic and emotionally charged. Our 8-month-old baby, exposed to the constant negativity and shouting, appeared visibly dull and distressed, which caused immense worry to both my mother and me.

Overwhelmed and broken, my mother began weeping, unable to watch her daughter and grandchild suffer further. In that moment, prioritizing my baby's well-being above all else, we decided to allow my mother-in-law to temporarily take the child—only with her, and only for the purpose of shielding the baby from the emotional trauma, until I am able to regain strength and arrange for a safe, stable environment.

It is clear to me now that my husband's persistent aggression, controlling behavior, and emotional manipulation are not just directed at me, but are also being used as tools to inflict emotional pain through my child. His actions appear to be intentionally designed to hurt and destabilize me emotionally, knowing that my child is my only anchor. I am in deep mental and emotional distress and fear for the well-being of myself and my child. I request immediate legal action against my husband for domestic violence, physical assault, mental harassment, and child endangerment.

I request that this complaint be treated with urgency and the necessary action be taken as per the law.

Thanking you,
Yours faithfully,



Shiwani Lama

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